



# Bí Cineálta Student Friendly Policy

## Core definition of Bullying Behaviour

Bullying is targeted behaviour, online or offline that causes harm. The harm caused can be physical, social and/or emotional in nature. Bullying behaviour is repeated over time and involves an imbalance of power in relationships between two people or groups of people in society.

## Core Elements

- Targeted Behaviour
- Repeated Behaviour
- Imbalance of Power



### BÍ CINEÁLTA! - BE KIND!

WE WANT EVERYONE AT OUR SCHOOL TO FEEL SAFE AND HAPPY.

IF YOU THINK THAT YOU ARE BEING BULLIED OR SOMEONE ELSE IS BEING BULLIED, YOU NEED TO TELL A TEACHER OR ANOTHER ADULT THAT YOU TRUST. THEY WILL KNOW WHAT TO DO TO HELP.



### SAY STOP INITIATIVE

IF A STUDENT TELLS A STAFF MEMBER THAT THEY THINK THEY ARE BEING BULLIED, WE WILL:

- talk with the student
- ask the student what they want to happen
- work out a plan together
- talk to their parents
- talk to the other student(s) involved
- talk with the other student's parents

### IF BULLYING IS IDENTIFIED

- Parents will be contacted
- It will be made clear to student bullying why he/she is in breach of schools Policy
- Record of incident will be kept
- Oversight by Board of Management
- Disciplinary sanctions are private
- Follow up will happen to ensure bullying has ceased

### WHAT ELSE IS BULLYING BEHAVIOUR

Once off incidents on social media can be considered bullying behaviour as it may be seen by a wide audience where it is intended to be shared or has a likelihood of being shared multiple times and is thus repeated

Eg. a single hurtful message posted on social media can be considered bullying behaviour

### WHAT IS NOT BULLYING BEHAVIOUR

- Once off instance of negative behaviour
- Disagreement between students
- Instance where students don't want to remain friends
- Non-deliberate behaviours of students with special educational needs

All this type behaviour will be looked at under our Positive Code of Behaviour Policy

### BULLYING MAY ALSO BE CRIMINAL BEHAVIOUR

- Age of criminal responsibility is 12 years in Ireland.
- Sharing or threatening to share intimate images is a criminal offense. Sexual harassment or sexual assault may be considered a criminal offense .
- An Garda Síochana investigates alleged criminal behaviour

### BULLYING OUTSIDE OF SCHOOL

OUR school is not expected to deal with bullying behaviour that occurs when students are not under the care or responsibility of the school

However where this bullying has an impact in school, OUR school will support the students involved

Where the bullying behaviour continues in school, our schools will deal with it in accordance with our Bí Cineálta Policy

### SO REMEMBER!



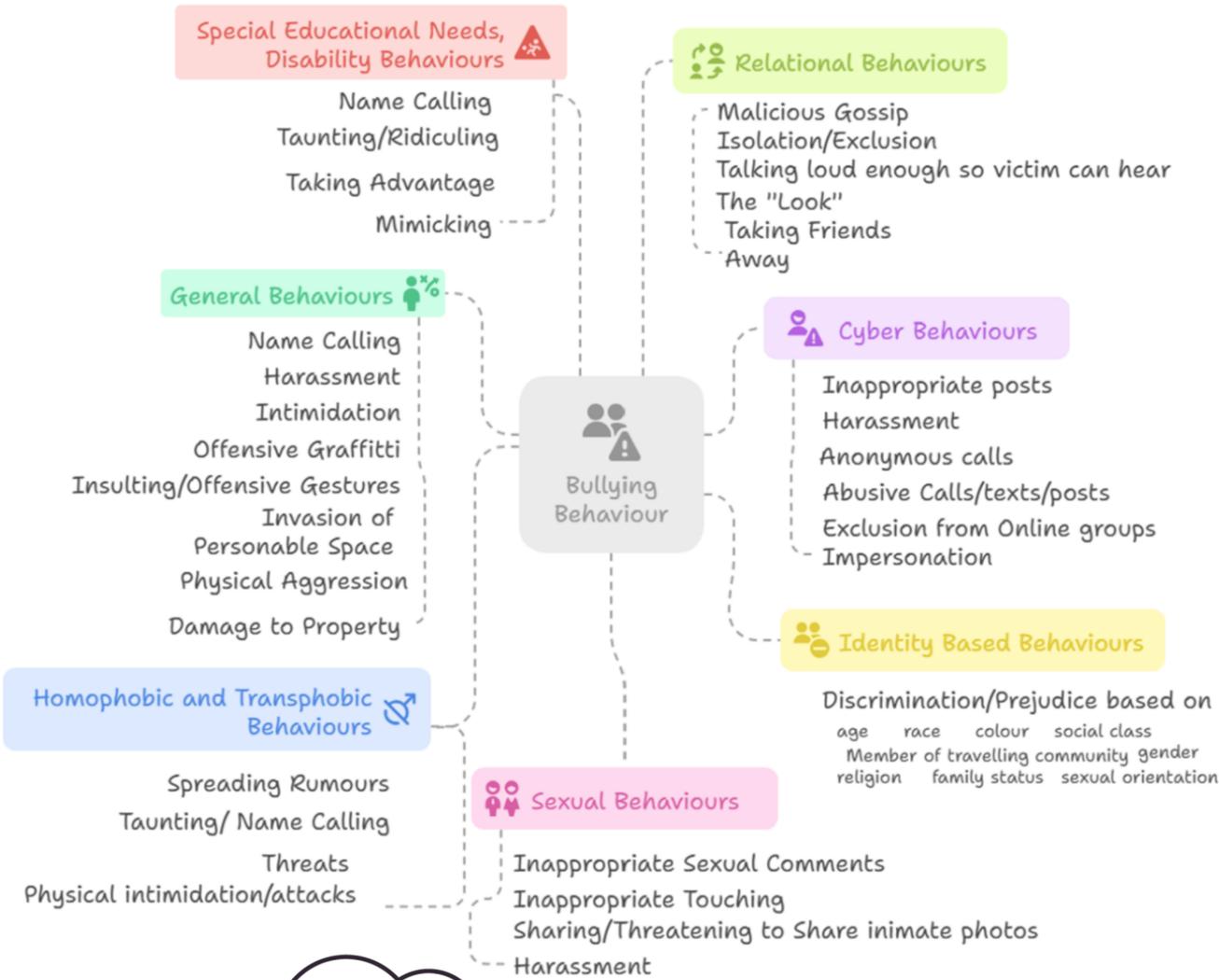


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## TYPES OF BULLYING BEHAVIOUR

LIST IS NOT EXHAUSTIVE



**ASK FOR SUPPORT**

### IN SCHOOL SUPPORTS

- MR REIDY/ MS NEYLON
- MS KING
- CLASS TUTOR
- SCHOOL STAFF – TEACHERS/SNA'S/ SECRETARIES/CARETAKER
- CAIRDEAS MENTORS
- STUDENT COUNCIL
- EMAIL: TACKLINGBULLYING@STJOSEPHSSP.COM

## HOW WE TRY TO STOP BULLYING BEHAVIOUR FROM STARTING

### POLICY AND PLANNING:

- ✓ FAIR AND TRANSPARENT CODE OF POSITIVE BEHAVIOUR
- ✓ STRONG ACCEPTABLE USE POLICY
- ✓ DIGITAL DEVICE PROGRAM POLICY
- ✓ DIGITAL AWARENESS- THE APPROPRIATE USE OF SOCIAL MEDIA.
- ✓ SOCIAL MEDIA SITES ARE BLOCKED ON SCHOOL NETWORK
- ✓ SENSO IS USED IN OUR DIGITAL DEVICE PROGRAM
- ✓ ANTI-BULLYING CHARTER DISPLAYED IN CLASSROOMS.
- ✓ WELLBEING POSTER ON HOW TO ASK FOR HELP OR SUPPORT.
- ✓ BÍ CINEÁLTA STUDENT FRIENDLY POLICY DISPLAYED IN SCHOOL
- ✓ BÍ CINEÁLTA STUDENT FRIENDLY POLICY IN JOURNAL
- ✓ ADEQUATE SUPERVISION THROUGH S&S
- ✓ REVIEW OF BULLYING "HOT SPOTS" AND "HOT TIMES"
- ✓ CONSISTENT RECORDING, INVESTIGATION AND FOLLOW-UP OF BULLYING BEHAVIOR
- ✓ ONGOING EVALUATION OF THE EFFECTIVENESS OF THE CINEÁLTAS PROCEDURE

### CURRICULUM

- ✓ CAIRDEAS MENTORING PROGRAM.
- ✓ GOOGLE CLASSROOM PAGE – "CAIRDE LE CHÉILE".
- ✓ ANTI-BULLYING CLASS SURVEY FORM
- ✓ THE FOSTERING AND ENHANCING OF THE SELF-ESTEEM THROUGH BOTH CURRICULAR AND EXTRACURRICULAR ACTIVITIES.
- ✓ THE FULL IMPLEMENTATION OF THE 400 HOURS OF WELLBEING FOR JUNIOR CYCLE
- ✓ SPHE,CSPE, RSE PROGRAMMES AND GUIDANCE RELATED LEARNING PROMOTE AWARENESS OF BULLYING AND ITS EFFECTS.
- ✓ FUSE PROGRAMME
- ✓ WELLBEING INDICATORS EMBEDDED ACROSS CURRICULUM
- ✓ CPD FOR TEACHERS THROUGH OIDE AND EDUCATION CENTRES.
- ✓ ANTI-BULLYING AWARENESS WEEK.
- ✓ CYBER BULLYING AWARENESS DAY
- ✓ STAND UP WEEK AND/OR ONE DAY EVENTS – CELEBRATING AND RAISING AWARENESS OF THE LGBT+
- ✓ RANDOM ACT OF KINDNESS MONTH
- ✓ WELLBEING WEEK – ACTIVITIES TO PROMOTE MENTAL HEALTH, WELLBEING AND RELATIONSHIPS.

### CULTURE AND ENVIRONMENT:

- ✓ IN OUR SCHOOL RESPECT IS KEY
- ✓ EFFECTIVE LEADERSHIP – OPEN DOOR POLICY
- ✓ WHOLE-SCHOOL APPROACH – EVERYONE CARES
- ✓ SEATING PLANS IN CLASSES
- ✓ YONDR POUCHES EMBEDDED IN SCHOOL
- ✓ ESTABLISHMENT OF SAY STOP SLOGAN/CAMPAIGN
- ✓ PROMOTION OF AWARENESS OF WHO TO REFER BULLYING TO
- ✓ DESIGNATED EMAIL ADDRESS TO USE TO REPORT BULLYING
- ✓ CINEÁLTAS AWARDS
- ✓ ALL STAFF ACTIVELY WATCH OUT FOR SIGNS OF BULLYING BEHAVIOUR
- ✓ EVENTS ORGANISED THROUGHOUT THE YEAR TO PROMOTE BÍ CINEÁLTA POLICY
- ✓ CINEÁLTAS IS AN ITEM TO BE DISCUSSED IN EVERY STAFF MEETING AGENDA

### RELATIONSHIPS & PARTNERSHIPS:

- ✓ REGULAR COMMUNICATION WITH PARENTS
- ✓ ACKNOWLEDGING AND PROMOTING POSITIVE BEHAVIOUR THROUGH TYRO
- ✓ CLASS TUTOR SYSTEM – CLASS TUTOR TIME MON – THURS
- ✓ STUDENT SUPPORT TEAM IN PLACE / PASTORAL CARE STAR SYSTEM
- ✓ SUPPORT OF STUDENT COUNCIL
- ✓ MOCK SUPPORT PACK –
- ✓ COMMUNITY GARDA VISIT
- ✓ GUEST SPEAKERS
- ✓ LINKING WITH EXTERNAL AGENCIES NEPS/ CAMHS/ TUSLA/ GARDAÍ



## ANTI-BULLYING CHARTER

St Joseph's Secondary School  
Spanish Point

| I have a right to.....  | I have a responsibility to.....   |
|---|---|
| Be safe and secure at school  | To make our school a safe and secure place for others.  |
| Be physically safe at school  | To make sure that others are physically safe  |
| Expect my property to be safe in this school  | To ensure that the property of others is safe in this school. This also means that I will not damage or vandalise any other person's personal possessions |
| Be free from all forms of verbal bullying   | To ensure that others are not verbally bullied in our school.   |
| Not be emotionally bullied in this school   | To make sure that nobody is emotionally bullied in this school.   |
| Be free of any hurtful remarks about my race, religion sexual orientation, gender or culture. | To ensure that others are free from racial, religious or cultural bullying or bullying based on sexual orientation or gender                              |

### Who you should approach

Mr Reidy, Ms Neylon, your Year Head, Class Tutor, Ms. King, a Teacher, your Parents/Guardians  
or  
Email: tacklingbullying@stjosephssp.com



**Say Stop!!!**

Date Policy Was Reviewed: 15/09/2025  
Date Policy Was Last Reviewed: 14/05/2025

IF YOU ARE BEING BULLIED OR IF YOU KNOW OF SOMEONE WHO IS BEING BULLIED, YOU MUST TELL SOMEONE